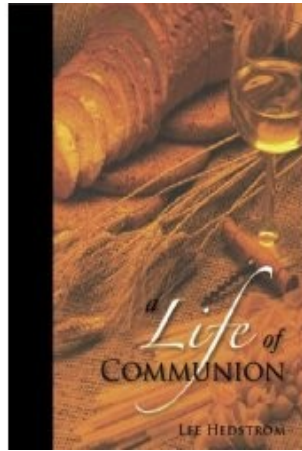


Book Review



A Life of Communion

By Lee Hedstrom

Reviewed by Tannia E. Ortiz-Lopés
(timewithtannia.tripod.com)

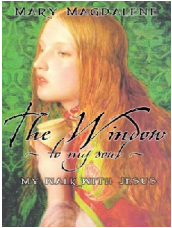
On his book, *A Life of Communion*, (ISBN 193329082X, Tate Publishing 2005), author Lee Hedstrom takes us into a spiritual journey and awareness of what it truly means to have an intimate relationship with Christ.

In his introduction he reminds us of the difficult times we are living and calls us to be awake, alert, and to prepare ourselves to endure what is yet to come. *“Everything that we need for life and living will have to come from the Father, and the only way we will be able to endure is by knowing the Father's heart and following His word and trusting Him implicitly.”*

The book is divided in fourteen chapters, all very easy to read and understand chapters and a bibliography of all the scriptures cited on the book. Each chapter leads us in preparation and awakening of our souls as we look inside ourselves reflecting on the theme of each chapter.

The book cover shows a glass of white wine, slices of bread, wheat, pasta, and a wine bottle opener. All those elements are part of our communion with God. The wheat is a symbol of life and prosperity. During Bible times, the wheat was an essential part of the meal. Even today, the wheat is valuable for its multiple uses. The wine is a symbol of royalty and part of the Feast of Passover, celebrated by the Jews. Today we utilize bread and wine to recreate Jesus' Last Supper with his disciples before the beginning of His passion.

I recommend this book to readers who are searching for a book written in simple language, but with a deep sense of purpose in our understanding of God, Jesus, the Church, and our role in His divine plan for humanity.



Tannia E. Ortiz-Lopés, author of *The Window To My Soul; My Walk With Jesus* (ISBN 0975393359; 2004 Tate Publishing; www.tatepublishing.com).

Author's websites: <http://www.myspace.com/tanniaortizlopes> and <http://timewithtannia.tripod.com>. The author also has a blog at www.amazon.com

Copyrighted May 2008, Tannia E. Ortiz-Lopes – All Rights Reserved