

# Three equals One

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Three persons in one: Father

Son

Holy Spirit

To think of three and to think of "One" is a concept not so difficult to grasp. My human body has three main components.

The skeleton is not visible, but it was created to hold and protect my delicate organs. The head and the cranium are two important parts of the body working as one.

Muscles, nerves, and tendons give me movement. The flesh and the skin cover the bones, but together they work in unison for a common purpose.

The blood is essential to bring nourishment to my body.

God the Father is the skeleton. Everyone knows He exists, but nobody has seen Him; seeing God is reason to die. "Nobody can see me and live," God's word to Moses when he requested to see God's face. But God so lovingly allowed Moses to see His shoulder. (Exodus 33:18-23)

Jesus is the flesh, the muscles, the nerves, the tendons that together with the skeleton work for a common purpose:

My Salvation

My Redemption

My Evangelization

My Preaching of God's Word

My Preaching of the Kingdom

My Life everlasting

My happiness

The skeleton with the brain and the flesh create a human illusion for my eyes to see without dying. In Jesus, I find a human God, sinless, blameless, loyal, and reachable to humanity without fear of death for seeing God's face.

In Jesus, God allows me...to see His face

to hear His word

to touch His skin

to laugh and cry with Him

to rejoice and suffer for Him

to eat Supper with the Lord

to be filled of the Body and Blood of Christ to satisfy my needs

Jesus is God's made flesh to satisfy my needs and wants

to satisfy my curiosity

and to make God reachable

and more loving than ever

so through Him I could be saved.

The Holy Spirit is the blood. The blood nourishes me, cleanses me, and strengthens me. A body without blood is a dead body. A Christian without the Holy Spirit is a dead desert creating illusions of oasis for the thirsty soul looking for a place to rest.

Just as the body needs blood to keep it going, so do I,  
as a Christian,  
I need...

the Holy Spirit,  
the Spirit of Truth,  
and the Comforter

I need the Advocate...

who cleanses me;  
who nourishes me;  
who teaches me;  
who guides me;  
who comforts me;  
who enlightens me;

We are one Christian body with God, the Father, as our skeleton and brain; our foundation for faith.

With Jesus, our Lord and Savior, as the flesh I see

the human I know  
the man I love  
the Savior I long for

With the Holy Spirit, the blood,  
to make me holy  
to prepare me  
to feed me  
to quench my thirst  
to make me the right vessel  
in which the Holy Spirit  
through Jesus  
sent by the Father  
dwells within me  
in my pursuit of happiness  
through my mortal life  
to eternity. Amen.

On the third day God created the "earth" and the "sea" and ordered the earth to bring forth vegetation and fruit trees of all kinds - and it happened.

Before humanity was created, God was already thinking of my well-being by providing a place to live  
to rest  
with food to eat  
with water to drink

What an awesome God I serve! Then creation continues according to His plan. All these things were done with Jesus and the Holy Spirit present enjoying the moment of Creation and contemplating its magnificence! I can almost hear God the Father saying to Jesus: "I am making this world for you to rule; for glory and worship of my Name through eternity. Amen."

And Jesus loved it. He loved me since day one even knowing how I would  
Reject Him  
Crucify Him  
Believe in Him  
and be a martyr for Him.

But everything was worth it and willingly He accepted me and others as His sheep and He became the Shepherd from the first day!

For three days and nights Jonah remained in the belly of the fish. During these days Jonah repented of his stubbornness and asked forgiveness and accepted his mission of preaching the goodness of God's kingdom to the wicked land of Nineveh.

For three days Jonah traveled until he reached Nineveh and preached a message of forgiveness and the love of God.

He warned them about God's punishment;  
He delivered a message of hope to this lost city;  
The people of Nineveh repented and God forgave them.

Whether I am a new, old, or constant sinner; I am the same in God's eyes.

I am the lost sheep looking for redemption.

I am the sinner who has forgotten his way back home.

I am the sinner in great sin  
too embarrassed to initiate  
the process of redemption  
that God sent me a liaison  
to let me know

He is waiting for me,  
to ask for forgiveness  
and to truly repent  
and turn away  
from my wicked ways  
so He could say,

"Your sins have been forgiven. Come home and sin no more."

For three months Mary stayed with Elizabeth until it was her time to go home and give birth to Jesus. The first trimester during a pregnancy is the most important. It determines if the child will remain or not inside your womb. It's a time of joy and rejoicing, as the child grows quietly and rapidly inside you.

The first three months of a pregnancy is a time of preparation, changes, and expectations. It's a time of preparation as your body goes through changes to accommodate this new being growing inside of you. It's a time of expectation, since you are wondering the baby's forms, personality, and gender.

Just as the first three months of pregnancy bring joy and anxiety to the parents, so is the work of the Heavenly Host and angels every time a sinner asks for forgiveness and repents from his wicked ways.

There is a lot of joy,  
worship, and praise  
in Heaven  
for every mortal or soul

who accepts Christ  
as his Lord and Savior  
and accepts the promises  
of Redemption and Salvation  
as his own  
and changes his garment  
to be properly dressed  
to be in God's presence.

At the age of 12, Jesus remained at the temple for three days listening and asking questions to the teachers. Then Mary and Joseph found Him and took Him home with them.

Jesus was homesick. He missed Heaven and the Heavenly council. He missed sitting and talking with the Father and the Holy Spirit. He decided to visit God, the Father's earthly home, "The Temple," the closest place to home he would be able to go for now.

How many times I have felt homesick, just like Jesus, and I find myself visiting  
Your house  
The Temple  
The Church  
The Place of Worship  
Where I gather with other Christians  
to partake  
of the dinner table  
and enjoy our togetherness  
through the blood and body of Christ  
present in the blessed Eucharist.

When the going got tough, Peter denied Jesus three times the same night. What an act of betrayal and lack of faith! A man to whom Jesus offered and gave the keys of His kingdom is denying their relationship! How many times in my daily live I deny Jesus with my sinful behavior, thoughts, and actions!

Just as Peter denied Jesus, I have denied you, too, for fear of retaliation. But just like Peter, I regretted and repented bitterly for my cowardly act. I showed distrust in your promises of always being with me. But also like Peter, I straightened up my path and fell in love with you deeply and fervently. I don't have the keys of your kingdom, but you have the keys of my heart and my internal castle, so you are my God and my Lord.

During the crucifixion, two criminals were crucified with you. Even at the time of death, you were hanging out with the lowly ones. You were keeping your promises and looking out for those needing your help.

One criminal insulted you just like my wicked actions, sinful thoughts, lack of commitment, and behavior shouts to your ear: "Are you going to do something"?

One criminal repented and asked for your help and for a room to stay in your big house.

And even at that moment when your breath is short and your pain is great,

you find strength to forgive and forget

to remember no more my sins

to give me a helping hand

to make a commitment

with a sinful being

asking for your mercy  
redemption  
and salvation.

I was once the first criminal who insulted you and asked for a "sign" in order to believe in you. Then, I realized the foolishness of my behavior and became the second criminal who recognizing and accepting you as the Son of God, kindly asked you for a room. At this point, just like Thomas, I called you "My Lord and my God".

From noon to three there was darkness over the land due to an eclipse of the sun.  
At three o'clock Jesus died.

From the time of sin to the time of repentance,  
I live my life in darkness  
unable to see or to feel the sun.  
The moon in this case  
are my sins. My sins  
block the light of Jesus  
who is trying to  
shine over me  
to light the road,  
so I walk secure  
and no longer in darkness.  
Time passed  
and my sins  
blocked totally the light.  
Do I not know the light  
cannot be hidden for too long?  
And Jesus triumphant  
moved away the darkness  
in my life  
and His light shines  
upon me  
so I walk in darkness no more.

At three o'clock Jesus was killed.  
My sins condemned Him  
to death on a cross.  
At three o'clock I realized  
my wrong doing  
and recognized Jesus  
as the Son of God,  
but yet not as my Savior.

Three times I denied Jesus.  
These are the times Jesus fell carrying my cross,  
my sins,  
my rebellious moments.  
But just like Jesus  
was helped by a stranger, so was I.  
I fell and I got up.  
Some falls are harder than others.

Some falls cause bruises  
on my knees and hands.  
Some falls are deeper,  
but it's never impossible to get up again.  
And just as the centurion  
provided a helper for Jesus,  
so does Jesus  
provide a helper for me.  
The Spirit of Comfort,  
The Spirit of Truth  
who makes me free  
by acknowledging that Jesus  
is the Son of God.  
Then, I became the centurion  
who helped Jesus  
by accepting Jesus as  
my Lord and Savior;  
by allowing Jesus to  
dwell into my internal castle;  
by giving the key  
of my heart to Jesus  
so He could get in and out  
and stay with me  
as long as He wants to  
and I let Him to.

Jesus is polite  
and loving  
and He will leave  
when I ask Him to  
as not to impose His  
mighty-loving-presence  
in my life.  
I might kick him out  
but He will still  
be watching over my shoulder,  
quietly and patiently,  
waiting for me  
to invite Him in again,  
but this time to stay.  
Jesus could be my guest  
or he could be my host;  
the choice is mine.

For three days Jesus was  
buried and experienced human death!  
Then He woke up  
from His dream  
and went walking around  
to say good-bye to His friends  
prior to returning to the Father  
to prepare a place for me,

so I could be together  
with Him  
in unity with the Holy Spirit  
in the presence of God, the Father,  
for ever and ever, Amen.

For three decades of my life  
I lived in an eclipse of the sun  
then in the fourth decade,  
He completely moved away the moon  
and the sun light  
started to warm up my soul,  
to shine upon me,  
to create rainbows for me  
after the great storm  
of my life was over.

Just like Jesus died, was buried, and resurrected,  
so my sins have been forgiven, buried, and a new me  
resurrected with a new light,  
a new garment  
a strong faith  
a let go attitude  
a better understanding and  
acceptance of God's love for me  
my soul  
my well-being  
my salvation  
my Redemption  
through Jesus, my Lord and Savior. Amen.

During His time on earth,  
Jesus used many parables to describe the kingdom of God,  
His purposes on earth,  
His purpose for my life  
He showed me a new way  
to look and live my life,  
but I didn't understand it  
just as some others didn't either.

On the parable of Lazarus and the Richman, at the end, the least were rewarded and the proud were  
humble by torment in hell. Abraham's words to the tormented Richman were "if they do not listen to  
Moses and the prophets, neither will they be convinced, even if someone rises from the dead" are the  
words of Jesus prophesying to religious leaders and people their attitude toward Him after his  
resurrection.

Not even the resurrection of Christ after three days as told by the Scriptures from the beginning of  
time were proof enough to the "chosen people" that Jesus was indeed the Messiah they had been  
waiting for. The Law of God dwell among them, just as God promised to them during the time of the  
prophet Isaiah.

Since the Books of the Laws were interpreted to accommodate the needs of the religious leaders and

the people of those times, God sent His only begotten Son  
to teach us  
to guide us  
to show us  
to serve us  
so by his example  
the people could understand the  
true meaning of God' law-  
not man made law created  
by man but not inspired by God.

To live  
To die  
To rise from the death  
Three key events in the life  
of Christ which very much  
applies to my life today.

To live in God  
To die for God  
To rise from the death to be with God  
it's the model  
as a Christian I must  
follow so I could be counted  
among those whose names  
are written in the Book of Life.

Three is Key  
Three is Essential  
Three is Necessary  
Three is Survival  
Three is Eternity  
Three is the Number which  
added together equals ONE.

AMEN

This article was published: "Wt in Spirit," Canadian magazine(2008) and the USA ezine,  
**Faith-Fill-Fiction** (April 2008) <http://faithfilledfiction.karinafabian.com/april08.html#TopMain>).

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