



The Window to My Soul, My Walk with Jesus, written by Tannia Ortiz-Lopes, is a book of inspirational poetry and reflections and letters to Jesus. It is divided into four sections: *A New Beginning; Walking a Mile with Job and Then Some; Reflections While Walking with God and Jesus; Through the Darkness*.

There are beautiful reflections on Scripture such as Psalm 139 - O Lord, You Know Me. The section on Job was moving. I have always liked meditating on the Book of Job and I enjoyed Tannia's meditations very much.

My favorite section was *Reflections While Walking with God and Jesus*. I loved her letters to Jesus and the honest expression of her feelings. *My Good Shepherd* was a favorite one of mine.

The Window to my Soul, My Walk with Jesus, is the kind of book that you can open up to any page, sit and read a section and then meditate on it. For me, it was not meant to be read straight through, but a little here and a little there. I love these kinds of books because I am often looking for reflections to read to help my prayer life.

I recommend this book to anyone looking for inspiration and nourishment for your soul.

Reviewed by Colleen Spiro
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About the reviewer:

Colleen Spiro is married to Rich, an ordained permanent deacon in the Catholic Church. She has 2 sons, 4 stepchildren and 15 grandchildren. She is a certified spiritual director, a Benedictine Oblate and is employed as a parish secretary. She leads retreats, speaks on spirituality issues and has published many articles for Christian magazines. Colleen has just written her first book, ***The Third Floor Window***, an inspiring memoir on her journey from a childhood of abuse to a life of healing and hope with the Lord.

Websites: www.colleenspiro.com and www.thethirdfloorwindow.com